



Before you arrive:

Park on Troost Ave., 31st Street, or in the KCATA lot across the street.

Leave all valuables at home or lock them in your trunk.

Review the dress code and expectations.

If you are unable to volunteer or are running late the day of your scheduled shift, please call 816.931.4751 Ext: 214 and leave a message. If you need to cancel a shift or check your schedule, click on the “View Your Information” tab on the [sign-up site](#).

Expectations for volunteers:

Show up on time and prepared to stay for your entire shift.

Come with a positive attitude, ready to work hard, and be flexible.

Save cell phone use and eating for after your shift.

Treat everyone who comes in with dignity. “Good customer service!”

Be professional and be kind. You represent Thelma’s Kitchen.

Dress code:

Please wear your hair back and wear a hat or the provided head cover.

Wear long pants and closed toed shoes. No sandals or flip flops.

Dress comfortably enough to be on your feet and able to move around during your shift.

Dress respectfully and appropriately for our environment - exposed midriffs, visible undergarments, or excessively tight or revealing attire is not permitted.

Meal Exchange Policy:

Walk-in volunteers are eligible for a meal token after 30 minutes of service, as determined by the Program Manager.

Scheduled volunteers are eligible for a shift meal after 3 hours of service. Thank you for considering making a donation for your meal if you are able.